



November/December 2010 <http://www.tailwindsofsantamariabc.org>

Editor: Diana Cantero

FROM THE PRESIDENT

We now have 12 dozen club socks available for anyone who is interested in buying a few pair. They are \$5.00. In addition, 75 club jerseys have been ordered and will be available for purchase sometime in November. Leftover socks and jerseys will be put on sale at the Windmill 2011.

The Fall Choo Choo ride was a big success. The decision was made to schedule a similar ride in the spring and fall of 2011. The club will purchase ten "tie downs" in order to be able to transport more bikes in the SAG trailer thereby decreasing the number of bikes that need to be transported on the train back to Guadalupe. Once again, many thanks to Jim Hosp and his wife for doing such a great job of sagging for us.

The Bicycle Award for the CHC, Community Health Center of Santa Barbara County, was held in October. Victor Cabatuan arranged the award, along with Dr Jose Mercandante, a Guadalupe Dentist. The award was a bicycle (complete with training wheels) awarded to the child who took the best care of their teeth during the year between their first and second grade experience. Evelyn Bieresca was the winner. The contest began while the children were in first grade. The children had their teeth checked in first grade and again 6 months later. The one who took best care of their teeth would win a bicycle and helmet as a 2ND grader. Evelyn loved her bike and promised to wear her helmet whenever she rides.

The Club's Holiday Halves ride will take place on November 6 at 9 a.m. The ride begins and ends at Edwards Community Center. It is open to all club members and is the club's way of opening the holiday season. The main course, of tri tip, rice and beans, will be provided by the club with riders bringing a pot luck salad or dessert dish. See more details on page 8 of this issue. The club voted to give \$6000 from the Windmill 2010 profits to various charitable organizations and entities. Thanks to Maia and Steve Lewis for heading up the Disbursement Committee and helping the club to determine its budget for the year. All members at the October meeting were presented with suggestions for disbursement. Members present then voted yes or no on the available choices. The annual Bike Giveaway contest will continue as in previous years with three local elementary schools to be named at a future date. \$500 will be given to Rotary Club of Santa Maria for their fundraiser: "California Dreamin", benefiting "Eric's Project", a distracted driver awareness program. In addition, \$500 will be given to Dr Okerblum for his bike ride across America where he too will speak about the loss of their son Eric due to a distracted driver and the importance of a program of this nature. The Santa Barbara Coalition will receive \$200 and it was suggested that the club take a more active part in their meetings so as to present the needs of Northern Santa Barbara County's bike riders. A \$25 contribution will be available to club members who are participating in fundraising for a particular charity ride. This is a one time per member donation and the total available for the year will be \$200. The Wheelin Warriors will receive \$200 to help with a project they do to raise funds for their biking activities and a donation will be given to a charity of Molly Hansen's choosing as a token of appreciation for running the Guadalupe rest stop during the Windmill Century Rides over the past years.

General Elections will be held at the January club meeting. All positions on the Board of Directors will be open. Anyone who wishes to nominate someone for office should contact Jim Hosp, Nominating Committee, at: hosp@verizon.net or (805) 934-4106 before the January meeting. Club members must be present to vote. By the way, that will be a pot luck meeting (we do have to keep our strength up in order to keep riding).

The People Powered Ride by the Goleta Bike Club was held in October and several club members supported the ride's lunch stop at River Park in Lompoc. Thanks to Maureen Black, Peggy LeDoux, Julie Coolidge and her son Brent, Trisha Fertig and Jim Rainville for all your hard work.

Tailwinds members rode with 200 wounded veterans who were cycling from San Francisco to Los Angeles. We joined the peloton 3 miles north of Guadalupe on Highway 1 and rode to the American Legion in Old Orcutt where lunch was waiting. The majority of the cyclists were young, strong, determined to move forward with their lives in spite of serious disabilities.

As you can see, the club has been very busy these past few months. It goes to show we are a dynamic group of people who prefer to stay busy not only on our bikes but in the community. Good job Tailwinds!

Chuy and I will be looking for you on the road.

Dave Cantero



RIDE CALENDAR

ALL Tuesdays: Route to be determined by group 25-30 miles Loading Dock 8:30 AM

ALL Thursdays: Guadalupe 24 miles Master's Donut 8:30 AM

SATURDAY RIDES

Date	Meet at	Time	Leader	Route
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See Ride Descriptions on Page 3

November 6	Holiday Halves Edwards Community Center	8AM		To Be Announced
November 9	TAILWINDS CLUB MEETING EDWARDS COMMUNITY CTR	7 PM SOCIAL HOUR 7:30 PM BUSINESS MEETING		
November 13	Loading Dock	8:30AM		#6-Los Alamos via Palmer
November 20	Albertson's at Clark & Bradley	8:30AM		#4-Tempesquet Bridge
November 27	Arroyo Grande Gazebo	8:45AM		#9-Huasna
December 4	Loading Dock	8:30AM		#16-first half of Windmill
December 11	Edwards Community Center	8:30AM		#14-Tour de Nipomo
December 14	TAILWINDS CLUB MEETING EDWARDS COMMUNITY CTR	7 PM SOCIAL HOUR 7:30 PM BUSINESS MEETING		
December 18	Loading Dock	8:30AM		Reverse Casmalia
December 25	MERRY CHRISTMAS!!!			

ROTARY "CALIFORNIA DREAMIN" DINNER

Saturday, November 6, 2010

Park Plaza Building ~ Santa Maria Fairpark

Thornburg Street, Santa Maria

The Tailwinds club has decided to donate \$500.00 to the Rotary Club to help support "Eric's Dream". The Rotary Club is going to produce a video about drivers who become distracted while driving resulting in tragic consequences. Part of this donation includes 6 tickets to the dinner on November 6, 2010. At the October 12th meeting the club voted to give those tickets to the board members. Other Tailwinds club members are buying tickets on their own. We will all be seated together. The Rotary Club will reserve 2 tables for us (total of 16 persons). If you want to buy a ticket, please call Andrew Millar who is a member of Rotary and has been working with me to get us tickets and the tables. Tickets are \$50.00 per person--dinner and dancing--and he will deliver ticket(s) to you. Contact him at 934-7863 (this is his place of business, Edward Jones Investments).

Thank you, Maia Lewis

THE SEPTEMBER 2010 CHOO CHOO RIDE

On September 11th twenty five Tailwind members took to the highway on the fall CHOO CHOO ride.

The ride started at the Guadalupe Amtrak station and ended in Santa Barbara. Some of the riders started at the station in Lompoc. Following a change of clothes and some refreshments, the group boarded the train back to Guadalupe. Bikes were brought back by



The Group started from the AMTRAK RR Station in Guadalupe.



Some riders chose to start from the AMTRAK station in Lompoc.



Taking a much needed break at the lunch stop in Gaviota.



Waiting for the train in Santa Barbara.



Joe Slaughter and Tricia Fertig relax after the ride.



Gary Shaw gets caught by surprise,



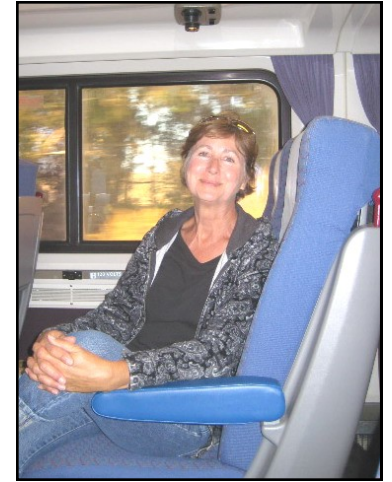
Bea Jones and her friend smile for the camera.



Karen Lake-Shampain and Maureen Black strike a pose.



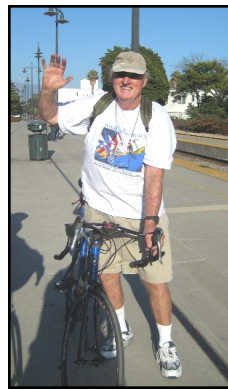
WOW!! That's a big train!



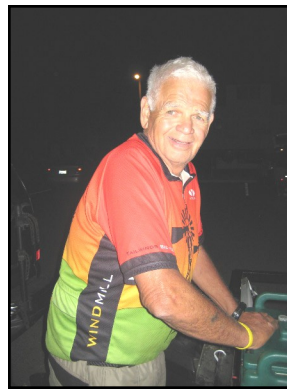
Janelle Hann relaxed and enjoyed the ride.



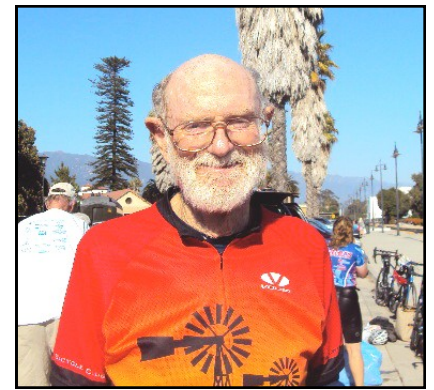
Steve Lewis chats with Maureen Black across the aisle.



Hi Y'all says Tiny Tim Brookshire.

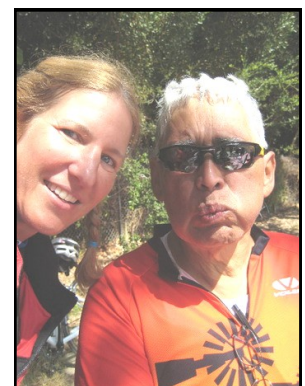


Jim Hosp was our SAG.



Long time club member, Larry Moore joined the riders.

AND A GOOD TIME WAS HAD BY ALL!!!



WOUNDED WARRIORS RIDE 2 RECOVERY

Thursday, Oct 7, 2010 started as our usual Thursday Guadalupe ride. It ended for me quite differently. Tom McCullough encouraged our Tailwinds group to join with the Ride2Recovery group of Wounded Warriors as they cycled through our valley on their week adventure from San Francisco to Los Angeles. Tom provided small American flags to attach to our bikes. We joined their peloton as they rode down Highway 1 north of Guadalupe. They looked smart in their double pace line, full cycling kits. We rode side by side, sharing the beauty of our valley. Some engaged in conversation. They were strong cyclists and pleasant to us. I was grateful to draft behind one of the cyclists. A veteran in the motorcycle brigade broadcasting patriotic music came along side. Memories of various national events flood my mind. My eyes are tracking the hips of the cyclists whom I am drafting. Suddenly I realize that this particular person is cycling with a prosthetic right leg. After I get dropped by this young man, I partner up with a 24 year old soldier who has lost part of his vision due to brain trauma. At lunch at the Elks Lodge in Old Orcutt, I sit next to a cyclist who is paralyzed and rides a hand cycle. They are determined, strong, hopeful. They went to war for the United States of America-our country. They stood up. They, as we each do, need each other and the kindness of all with whom they work, live, and play. May I forever be grateful for my life here in America. May I always be kind and humble. Today was a day to reinforce those thoughts for me, to help me be a bit more thoughtful. Thanks, Tom, for organizing our club so that we may be supportive and be supported. If you are so inclined, there is a USO website which has supported and continues to support our American troops. It is associated with the USO program accepting a \$10.00 donation. www.giveback10.org.

Maureen (Black)



MARY BUREN SCHOOL BIKE GIVEAWAY

Well I'm finally getting around to letting the Club know the Bicycle Award was a total success. CHC, Community Health Center of Santa Barbara County and Dr. Jose Mercardante DDS. Held this contest which covered a 6 month span.

While Evelyn Bieresca was a 1st grader, the contest was for all the first graders to have their teeth inspected and in 6 months, they would again have their teeth inspected and the one who took best care of their teeth would win a bicycle and helmet as 2ND graders....It was Evelyn...!Evelyn is a very pretty, tiny, petite and shy little girl who was so shy, she wouldn't even sit on her bike but was more than willing to push it off the stage.....!

The bike and helmet both were a very good fit and she loved the colors.....a very pretty girly purple. I was given the floor and talked on safety and the importance of wearing a helmet while riding or on a skate board. The kids received it well and participated in questions and answers....Needless to say all the children agreed to work harder to win the contest next year.....Less sodas, candy, cookies etc.....

CHC video crew would have liked to interview some of the club members but I explained that they had planned to take part in the Wounded Veterans Ride which was very important as well. I was all they had and the interview went well. Also there will be a small write up in the Santa Maria Times. thanks to my lovely wife, Vickie who took time away from her work there to get some snapshots of the happy occasion. It was a blast to give back to the children especially since I was born and raised in Guadalupe. Thanks David for delegating this project.

Victor Cabatuan



THE MS RIDE 2010

"Ask Me Why I Ride?" were words frequently seen bike jerseys at the 2010 So Cal MS Charity ride October 16,17. The excitement was high at 7:00AM Saturday morning. We started off to the tune of "I Want To Ride My Bicycle" after a few announcements and our most amazing National Anthem. It was warm and humid and the roads a bit wet but we were all in good spirits. A fun day lay ahead of us. Some rode 100 miles, others 75 or 60 and the rest 30. Volunteers were cheerful and plentiful. The ride was well organized and the streets were well marked. Food was excellent and happy smiles were seen in the afternoon. As Sunday morning dawns, Denise and I leave the hotel to do ride #2. There are fewer riders today. Breakfast was delicious. The heavy drizzle chills my body to the bone, my stomach is queasy by mile 13. Denise lets me wear her Cutter vest and we set off. Mile 20, I cannot clip in because I have picked up too much mud with my left shoe. I am still not feeling well. I have not yet warmed up. Visions of the "Ask Me Why I Ride?" dance in my head. I am thinking of sagging in, I feel so miserable. Mile 27 Rest Stop appears. We pull in. I just want water and some food, counting the miles to yet ride. The first young volunteer cheers and claps as we arrive. I stop to say thank you. We chat for a minute and I am ready to push off to clean my shoes. Quietly, she says, "Thank You for riding. I was just diagnosed with MS." I stop, look back seeing her for the first time and think, "My Gosh. She is just a teen-ager!" MS took away her ability to stand and walk. A two week hospitalization, new medications, and a determined spirit gave her back her walking legs and her smile. Like a lightening bolt, I know the answer to "Ask Me Why I Ride?" I ride for her, for others that they may have the best quality of life possible. I am humbled. We plan to fundraise and ride again next year. Join us-a small ripple in the ocean of the medical unknowns but one filled with hope.

Maureen (Black)

PICTURES BY JODY HARSHBARGER



HOLIDAY HALVES CLUB RIDE AND POTLUCK

The Holiday Halves Club Ride and potluck will be held November 6th. The event features a 20 or 40-mile ride starting from Edwards Community Center. After the ride we will enjoy a meal that includes BBQ tri tip, Mexican Rice and pinto Beans. Riders are asked to sign up to bring salads and desserts. The Club will provide sodas, water, plates, silverware and napkins. Even if you do not want to ride, come enjoy the potluck and social time with your fellow club members.



Saturday, November 6, 2008
9 am..... 20 or 30 mile ride (rider's choice)
Meet at Edwards Community Center
809 Panther drive (near Pioneer High School)

ELECTIONS FOR NEW OFFICERS TUESDAY, JANUARY 11, 2011 CLUB MEETING.

All Executive Board positions will be open. This is your chance to vote for the persons you would like to see run the club next year.

Email or call Jim Hosp, Nominating Committee, (hosp@verizon.net or 934-4106) so your choice for officers can be put on the ballot.

New officers will be selected, by membership vote, at the January meeting.

Members must be present to vote.

The meeting will also be a potluck so plan to bring something good to eat.



HAPPY NEW YEAR



TO ALL OUR CLUB MEMBERS

Thank you for contributing to the success of our Club. Have a wonderful holiday and a happy, healthy, prosperous New Year.

2011

TAILWINDS BICYCLE CLUB

Of Santa Maria, CA

MEMBERSHIP APPLICATION

www.tailwindsbc.org

Name _____

Address _____

City _____ State _____ Zip _____

Email Address _____

Phone () _____ Cell Phone () _____

Emergency Contact Person _____ Emergency Contact Phone () _____

Referred By: _____

Tailwinds Bicycle Club has a Club Roster and a newsletter that is sent to members on request.

_____ Send me a Club Roster.

_____ Send me a newsletter.

In the club roster DO NOT list my: _____ Address _____ Home Phone _____ Email Address

Do you wish to receive Club emails? _____ Yes _____ No

T-Shirt size: _____

Membership Dues:

The Tailwinds Bicycle Club operates on an annual membership basis. All memberships run from January 1 to December 31. New members who join between September and December of one year will have a membership that lasts through the end of the following year.

TWO YEARS	ONE YEAR
_____ Single 2 year membership \$30.00	_____ Single 1 year membership \$15.00
_____ Family 2 year membership \$40.00	_____ Family 1 year membership \$20.00
_____ TOTAL	_____ TOTAL

Please sign the waiver on the reverse side and mail it together with a check made payable to:

Tailwinds Bicycle Club of Santa Maria, Inc.

P.O. Box 48

Santa Maria, CA 93456

**LEAGUE OF AMERICAN WHEELMAN d/b/a LEAGUE OF AMERICAN BICYCLISTS ("LAB")
RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT ("AGREEMENT")**

And Tailwinds Bicycle Club of Santa Maria, Inc. Membership Confirmation

The Tailwinds Bicycle Club of Santa Maria, Inc. (The CLUB) is a recreational, social, and sport cycling nonprofit organization committed to promoting safety, health, and fitness through the shared social activity of bicycling. This signed waiver represents membership in The CLUB. Hard helmets (CPSC, CE, ANSI or Snell-approved) are required, and, if you do not wear a specified hard helmet or sign this waiver, you are disqualified from the Ride you are on.

IN CONSIDERATION of my application and being permitted to participate in any way in TAILWINDS BICYCLE CLUB OF SANTA MARIA, INC.-sponsored Bicycling Activities ("Activity") I, hereby take action for myself, my personal representatives, my executors, administrators, assigns, heirs, next of kin, and successors:

1. ACKNOWLEDGE, agree, certify, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, in proper physical condition, and sufficiently trained to participate in such Activity, and have not been advised otherwise by a qualified medical person. I further acknowledge that the Activity will be conducted over public roads and facilities, open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("RISKS"); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of other individuals or entities participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation or that of the minor in the Activity.

3. ACKNOWLEDGE, agree, certify, and represent that I understand that this athletic event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury and property loss. The risks include, but are not limited to, those caused by terrain, facilities, temperature, weather, condition of athletes, equipment, vehicular traffic, actions of other people including, but not limited to, participants, volunteers, spectators, coaches, event officials, and event monitors, and/or producers of the event and lack of hydration. These risks are not only inherent to athletics, but are also present for volunteers. I hereby assume all of the risks of participating &/or volunteering in this event I realize that liability may arise from negligence or carelessness on the part of the persons or entities being released, from dangerous or defective equipment or property owned, maintained or controlled by them or because of their possible liability without fault, including negligent rescue operations. I further acknowledge agree, certify, and represent to fully comply with the California Vehicle Code.

4. HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARMLESS, AND COVENANT NOT TO SUE The CLUB, the LAB, and/or their respective administrators, directors, agents, officers, members, volunteers, and employees, representative, other participants, any event sponsors, event directors, event volunteers, event advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, [including but not limited to Lucas & Lewellen Vineyards, City of Santa Maria Parks & Recreation, Santa Barbara County Parks, and State of California CAL TRANS, (each considered one of the "RELEASEES" herein)] FROM ALL LIABILITY, FOR MY DEATH, DISABILITY, PERSONAL INJURY, PROPERTY DAMAGE, PROPERTY THEFT, OR ACTIONS OF ANY KIND WHICH MAY HEREAFTER ACCRUE (to me or my traveling to and from this event), CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE "RELEASEES" OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS, AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. This WAIVER shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

5. HEREBY CONSENT to receive any medical treatment, x-ray exam, anesthetic, medical, dental or surgical diagnosis or treatment and hospital care, which is deemed advisable by and to be rendered under the general or special supervision of any physician and surgeon, licensed under the Provision of Medicine Practice Act, or any dentist licensed under the Dental Practice Act, whether such diagnosis or treatment is rendered at the office of said physician or dentist, at the hospital, or elsewhere, which may be deemed advisable in the event of injury, accident and or illness during this event. This authorization will remain effective while en route to or from involved or participating in the Windmill Century, Holiday Halves, Ragged Point Ride, or any other "CLUB" events, unless revoked in writing by undersigned and delivered to aforesaid CLUB.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

I CERTIFY THAT I HAVE READ THIS RELEASE IN ITS ENTIRETY AND HAVE SIGNED BELOW.

PRINT NAME	SIGNATURE	DATE

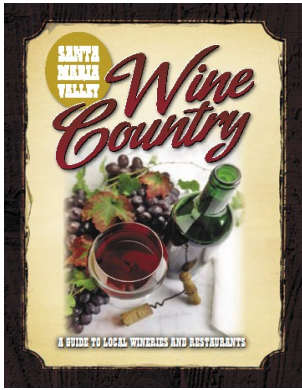
PARENT OR GUARDIAN WAIVER FOR MINORS (Under 18 years old) SIGN BELOW

And I, the minor's parent and/or natural or legal guardian, understand the nature of bicycling activities and the minor's experience and capabilities and believe the minor to be qualified, in good health, and in proper physical condition to participate in such activity. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless each of the releasee's from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the releasees named above, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss liability, damage, or cost any may incur as the result of any such claim.

I CERTIFY THAT I HAVE READ THIS RELEASE IN ITS ENTIRETY & HAVE SIGNED BELOW AS LEGAL PARENT OR GUARDIAN OF SAID MINOR.

PRINT MINOR'S NAME	AGE	SIGNATURE OF PARENT/GUARDIAN	DATE

PLEASE SUPPORT OUR SPONSORS FOR THE 2010 WINDMILL



Santa Maria, California
 Now carrying
SPECIALIZED BIKES



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560 E. BETTERAVIA ROAD
SANTA MARIA, CA 93454



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dd.cantero@verizon.net

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tommurphy@kcoy.com

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jhann10683@aol.com

Secretary: Maureen Black
mm42@hotmail.com

Newsletter Editor: Diana Cantero
tailwinds@tailwindsofsantamariabc.net

WELCOME

NEW MEMBERS



SONYA HENDREN

ANN FORD

ANA HARDY

ARMIDA JAIME_CARTHER

BEATRICE JONES

DEB AND DANNY GEORGE

NOT RECEIVING

club emails or a copy of the Newsletter? It may be because we do not have your correct home or email address. Please notify us of mail changes at:

Tailwinds Bicycle Club, PO Box 48

or

tailwinds@tailwindsofsantamariabc.org

TAILWINDS BICYCLE CLUB

P.O. BOX 48

SANTA MARIA, CA 93456